

The Wolverhampton Children and Young People's Health Related Behaviour Survey 2023

Emotional Health and Wellbeing

Public Health Executive Report

*Prepared by the Schools Health Education Unit, Exeter
for the City of Wolverhampton Council*



Health Related Behaviour Survey (HRBS) 2023

Foreword

Thank you for taking the time to read this Health Related Behaviour Survey 2023 report. The 2023 survey was a shorter, thematic survey to explore the emotional health and wellbeing needs of our children and young people. In the context of society returning to normal following the Covid-19 pandemic, it is vitally important for us to understand the views and experiences of our children and young people to ensure they live healthily and thrive within our City.

This report provides an analysis of the questions in relation to the emotional health and wellbeing of young people in the city and appropriate results have been presented in a variety of ways to highlight key findings. If you require further information about the survey, please e-mail howard.jobber@wolverhampton.gov.uk

This is the ninth time that the survey has run in Wolverhampton, and its continued success and longevity is very much down to the strong partnerships that we have in our city. From a city-wide perspective, the data helps us and our partners identify and prioritise work around issues that are topical and current for children and young people and target support to those who are most in need. Through the trend data available from previous surveys, we are also able to measure the impact that any interventions may be having on our children's emotional health and wellbeing.

I would like to express my thanks to all those colleagues and children and young people who were involved in this year's survey. Your contribution to this valuable consultation tool is greatly appreciated and helps provide us with a comprehensive picture of the emotional health and wellbeing needs of children and young people across Wolverhampton.



Councillor Jasbir Jaspal,

City of Wolverhampton Council

Introduction

The Health Related Behaviour Survey (HRBS) has been running in Wolverhampton since 2006. The survey is carried out as a way of consulting with pupils and collecting robust information about young people's health and wellbeing. The HRBS is commissioned by the starting, developing and living well team within the City of Wolverhampton Council Public Health Department and carried out by the Schools Health Education Unit (SHEU) which has conducted the survey on behalf of the Council since its inception in 2006.

The survey is conducted with pupils in primary and secondary phase settings across Wolverhampton. They are asked to complete an anonymous on-line version of the survey appropriate for their age group. Schools are supported to collect the most reliable data with pupils in Years 2 and 3 (Key Stage 1 survey), 4, 5 & 6 (Key Stage 2 survey) and 7 - 12 (Secondary Key Stage 3-5 survey).

HRBS 2023 was a shorter Emotional Health and Wellbeing themed survey completed by a total of 8259 young people in 20 primary (KS1) settings, 33 primary (KS2) settings, 14 secondary (KS 3-5) settings and 4 special schools.

School Year	Year 2/3	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11/12	Total
Boys	455	607	267	670	245	775	392	478	127	4016
Girls	456	556	223	681	225	780	357	509	198	3985
Total	919	1203	497	1390	490	1615	776	1034	335	8259*

* 258 young people didn't select male or female. 252 students also took part in a bespoke special school survey, a selection of their results are reported on pages 21 and 22.

Navigating the report

This report is divided in to the following sections:

Headline comparisons

Each report contains headline bullet points, with many comparing the 2023 data and the same questions for previous years. Due to the COVID-19 pandemic we don't have comparable 2020 data available.

Key: Positive finding
 Negative finding
 Neutral finding (where it is subjective as to whether the finding is positive or negative or is little different)

Trends

The survey questions have changed somewhat compared with previous years but where possible, trend charts have been included where they provide useful insight for key priority areas.

Phase differences

A selection of questions used across the surveys has been presented to look for age-related differences in responses.

Mapping

Where postcode was available, the data available has been divided into ward areas.

The maps are colour coded:

Green = positive findings

Blue = neutral findings (where it is subjective as to whether the finding is positive or negative)

Red = negative findings

Inequalities ≠

A selection of questions for each of the primary and secondary questionnaires has been presented to look for different responses across potential vulnerable groups.

Links between behaviours

Cross tabulations have been investigated for some of the key questions in the survey to look for links between behaviours. Each statement is a statistically significant finding; for space, only a few have been selected but full lists are available.

Headlines

The timing of the survey later in the year might have had an effect on the results of the 2023 survey. Girls are still less likely to appear in the highest brackets in the Stirling (primary) and Short Warwick-Edinburgh Mental SWEMWBS (secondary) well-being scales. Compared with 2022 and 2018, primary pupils in 2023 seem less likely to worry about SATs or moving on to secondary school. Secondary aged pupils report less worrying about exams and tests, their looks and their mental wellbeing. Pupils in Key Stage 1 were also less likely to say they worried about bullying in 2023 compared with 2022 and 2018.

Key Stage 1 pupils

- In 2023, 77% of Key Stage 1 pupils said that they had lots of friends to play with, 71% of pupils said this in 2022 and 72% in 2018
- In 2023, 24% of Key Stage 1 pupils said that they worry 'a lot' about bullying. This is lower than the 31% saying this in 2022 and the 29% who said this in 2018.
- 97% of Key Stage 1 pupils said that there was an adult they trust at home or at school they could talk to if they are worried about anything (90% at home, 89% at school). The question has changed for 2023 to ask separately about an adult at home and an adult at school so not directly comparable with previous years, however, 78% of Key Stage 1 pupils in 2022 said that they know an adult they can talk to if they are worried about something. This appears higher than the 74% reported in 2018 and 72% in 2016.
- Key Stage 1 pupils appear to be worrying less in the 2023 survey: Safety 39% (2023) 45% (2022) and 44% (2018); Tests 29% (2023) 34% (2022) and 33% (2018).
- More reported worrying about friendships however 42% (2023) 38% (2022) and 35% (2018).
- In 2023, 24% of Key Stage 1 pupils said that they feel scared to go to school because of other children; this is similar to previous years.



Key Stage 2 pupils

- 42% (48% in 2022 and 43% in 2018) of Key Stage 2 pupils worried about moving on to secondary school, 41% (47% in 2022 and 46% in 2018) worried about SATs/tests.
- 22% (25% in 2022) of Key Stage 2 pupils said that they have been bullied online. This is still higher than the 14% reported in 2018.
- 16% of Key Stage 2 pupils said that they haven't had any information or advice in school about bullying. This is lower than the 25% reported in 2022 and the 21% reported in 2018. 35% said that their school deals 'very well' with bullying. This continues a downward trend from 41% in 2022 and 45% seen in 2018.
- 81% of Key Stage 2 pupils recorded levels of medium/high/max wellbeing on the Stirling Children's wellbeing scale. This is slightly higher than the 80% seen in 2022 but lower than the 86% who recorded this in 2018.
- In 2023, 19% of Key Stage 2 pupils had low/medium low wellbeing compared with 20% in 2022 and 14% in 2018.
- In 2023, 9% of Key Stage 2 pupils had scores indicative of poor mental health according to the Sterling Children's wellbeing scale (Liddle & Carter, 2010).
- 50% of Key Stage 2 pupils said that they feel 'happy' with their life at the moment. This is lower than the 57% seen in 2022 and 63% reported in 2018.



- 64% of Key Stage 2 pupils said that their school cares whether they are happy or not. This is lower than the 65% seen in 2022 and 70% who said this in 2018.
- In 2023, 82% of Key Stage 2 pupils said that if they were worried about something they had an adult at home that they could talk to. 59% said there was an adult at school they could talk to.
- In 2023, 5% of Key Stage 2 pupils said there was violence between adults at home that frightened them at least weekly; 4% said this in 2022.
- In 2023, 80% of Key Stage 2 pupils said that their lessons in school about respect had been 'quite' or 'very useful'. 52% said this about their lessons on relationships and 54% said the same about lessons on managing feelings/emotions.
- In 2023, the top 3 worries for Key Stage 2 pupils were: moving on to secondary school (42%), SATs/tests (41%) and the environment (40%).

Secondary pupils (Year 8 and 10 figures used to allow comparison)

- 44% of Key Stage 3-4 secondary pupils said that they feel 'happy' with their life at the moment. This is higher than the 36% seen in 2022 but still lower than the 48% seen in 2018 and 52% reported in 2016.
- 67% of Key Stage 3-4 secondary pupils recorded levels of medium/high/max wellbeing on the SWEMWB wellbeing Scale. This is higher than the 58% seen in 2022 and the 62% reported in 2018.
- In 2023, 33% of Key Stage 3-4 secondary pupils recorded levels of low/med-low wellbeing. This is lower than the 42% seen in 2022 and 38% in 2018.
- In 2023, 15% of Key Stage 3-4 secondary pupils had scores indicative of clinically significant difficulties, 12% had borderline difficulties (Me and My Feelings questionnaire © Deighton, Tymms, Vostanis, Belsky, Fonagy, Brown, Martin, Patalay & Wolpert (2012)).
- 17% of Key Stage 3-4 secondary pupils said they have been bullied online. This is the same figure as seen in 2022 but still higher than the 13% reported in 2018 and 2016.
- 32% of Key Stage 3-4 secondary pupils have experienced controlling partner behaviour; 6% said this happened with their current boy/girlfriend. 27% and 5% respectively in 2022.
- In 2023, 2% of Key Stage 3-4 secondary pupils said there was violence between adults at home that frightened them at least weekly; 2% in 2022.
- 28% of Key Stage 3-4 secondary pupils said their school challenges racism and racist bullying effectively. This is higher than the 26% seen in 2022 but still lower than the 29% reported in 2018 and 32% in 2016.
- 27% of Key Stage 3-4 secondary pupils said their school challenges homophobic bullying effectively. This continues and upward trend from 26% seen in 2022 and the 19% reported in 2018.
- 25% of Key Stage 3-4 secondary pupils said their school was a welcoming place for LGBTQ+ students; 20% said it wasn't.
- 27% of Key Stage 3-4 secondary pupils said that their opinions are listened to in their school. This is higher than the 21% seen in 2022 and the 23% reported in 2018.
- 26% of Key Stage 3-4 secondary pupils said that students are involved in making real decisions in their school. This is higher than the 22% seen in 2022 and matches the 26% reported in 2018.
- In 2023, 47% of Key Stage 3-4 secondary pupils said that their lessons in school about respect had been 'quite' or 'very useful'. 34% said this about their lessons on relationships and 35% said the same about lessons on supporting your mental health and wellbeing.

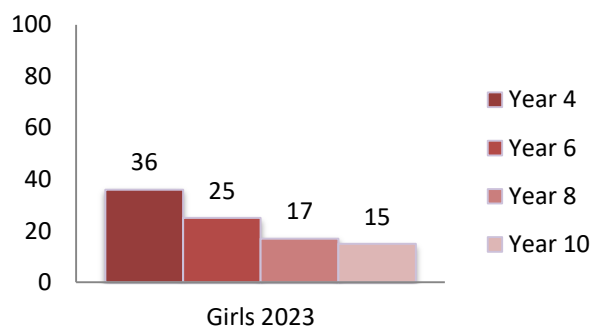


- 79% of Key Stage 3-4 secondary pupils said that if they were worried about something, they had an adult at home who they could talk to about it; 42% said there was an adult at school they could talk to.
- 11% of pupils said they had accessed support online when they had a worry about your health or wellbeing.
- In 2023, the top 3 worries for Key Stage 3-4 secondary pupils were: exams and tests (52%), the way you look/body image (35%) and relationships with friends (28%).

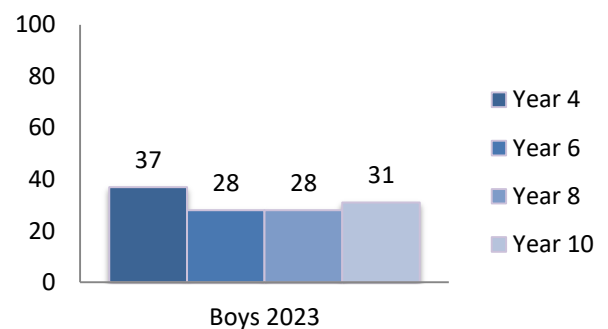
Phase differences

- There appear to be marked differences between the proportions of secondary girls achieving high/max wellbeing scores percentages compared with boys for these indicator question sets - for primary (Sterling Children's Wellbeing Scale*) and secondary (SWEMWBS**) pupils.

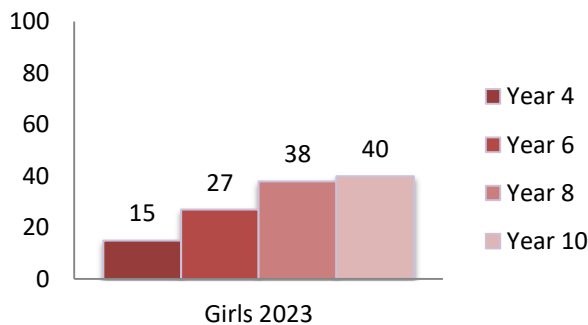
High/maximum wellbeing score



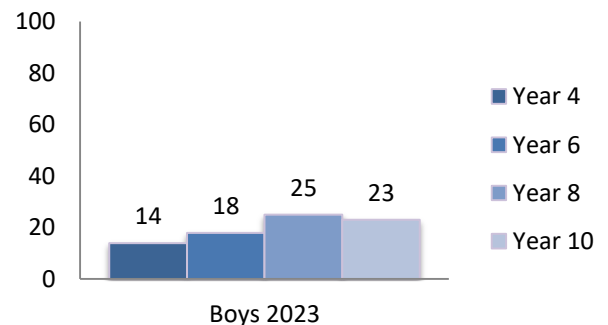
High/maximum wellbeing score



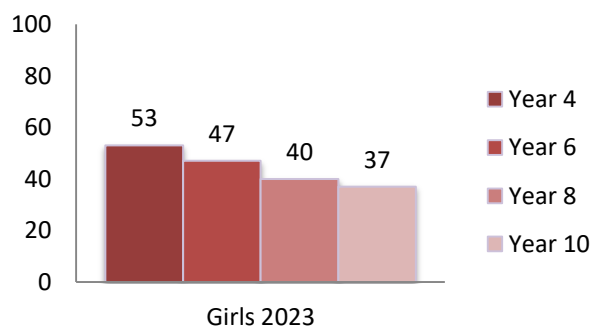
Low/med-low wellbeing score



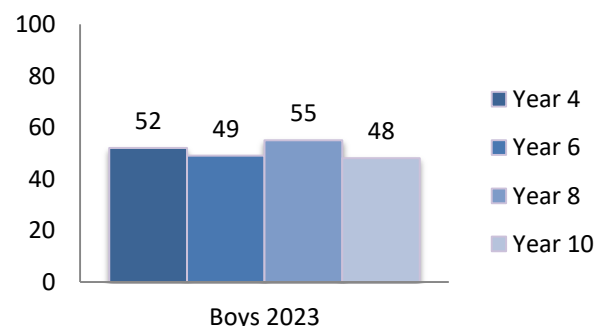
Low/med-low wellbeing score



Happy with life at the moment



Happy with life at the moment

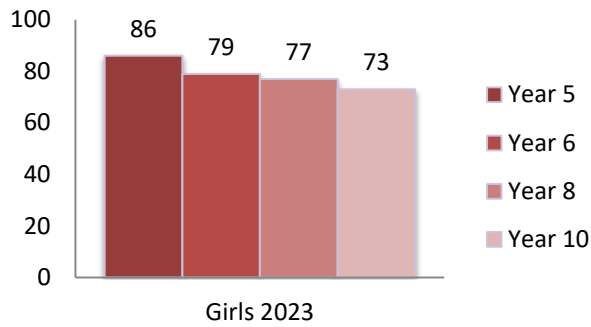


* Sterling Children's Wellbeing Scale (Liddle & Carter, 2015)

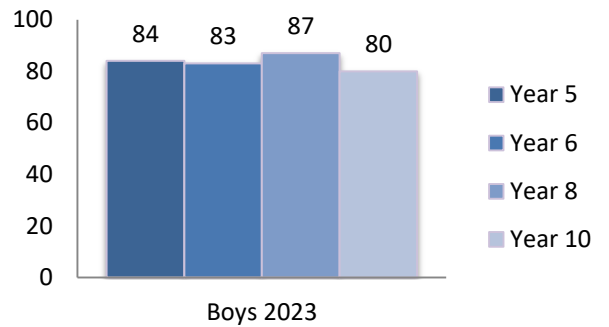
** Short Warwick Edinburgh Mental Well-being Scale (SWEMWBS)

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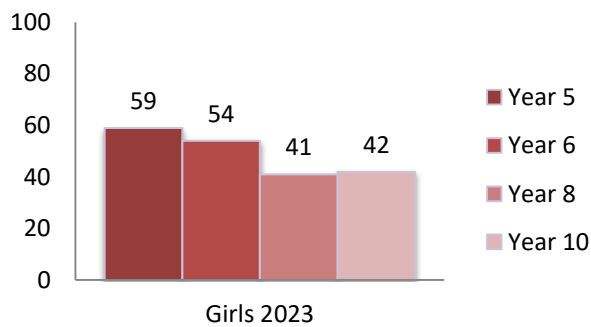
Know an adult they trust at home who they can talk to if they are worried about something



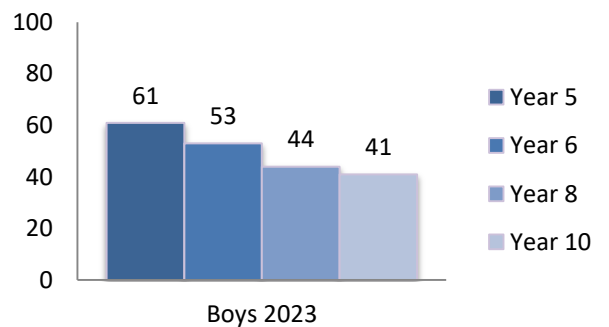
Know an adult they trust at home who they can talk to if they are worried about something



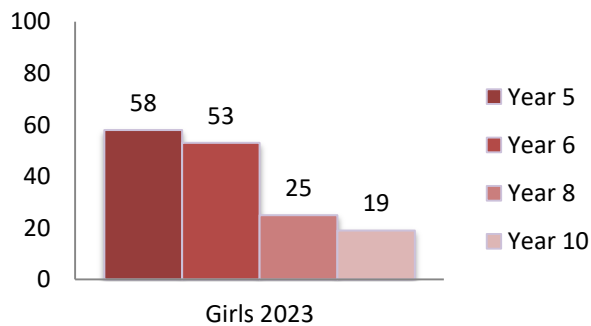
Know an adult they trust at school who they can talk to if they are worried about something



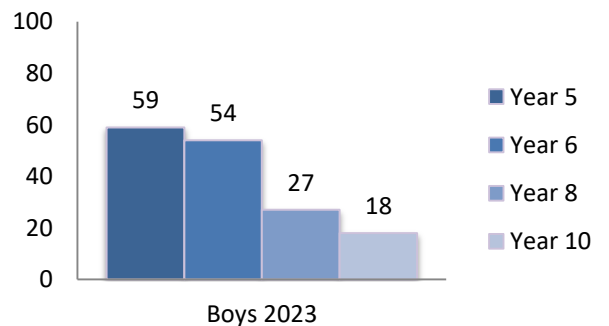
Know an adult they trust at school who they can talk to if they are worried about something



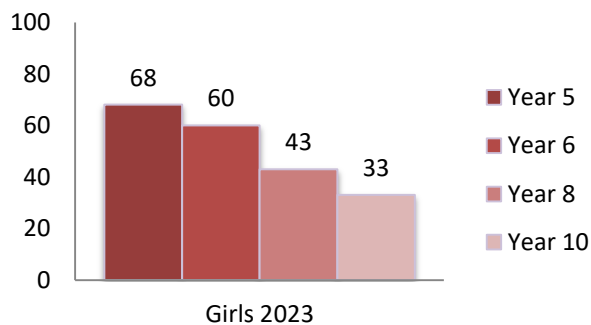
School teaches 'quite' or 'very useful' lessons about managing emotions/feelings



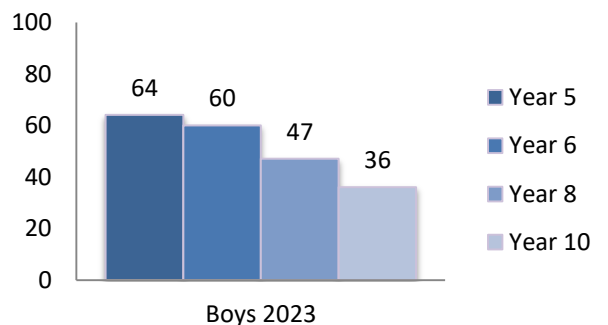
School teaches 'quite' or 'very useful' lessons about managing emotions/feelings



School teaches me to deal with my feelings positively



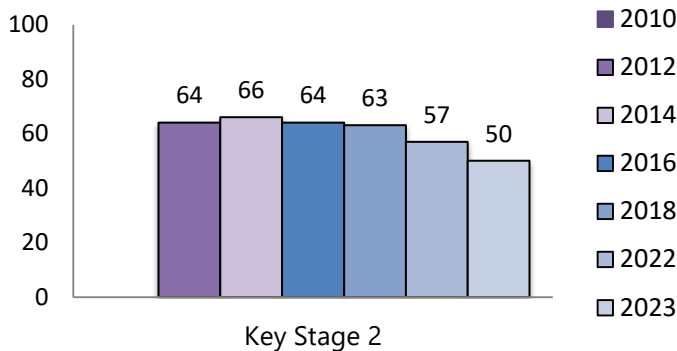
School teaches me to deal with my feelings positively



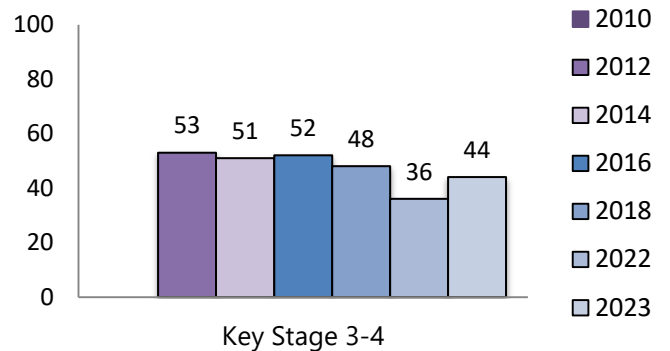
Trends

- It would appear that there is a general downward trend in pupils reporting happiness with life in the primary data. The results for secondary pupils appear to have recovered from a very low point in 2022 however.
- We have changed the answer options for the worries question to 4 rather than 5 options so the data may not be comparable, but it is shown as the options selected are the same 'quite a lot' or 'a lot' in each survey.

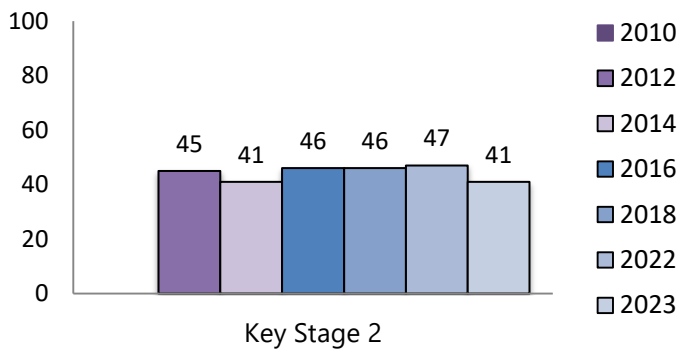
Primary Trends – Happy with life



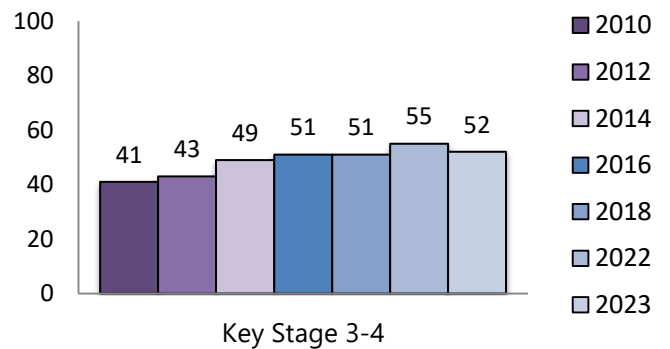
Secondary Trends – Happy with life



Primary Trends – Worry about tests (N.B. question answer options changed in 2023)

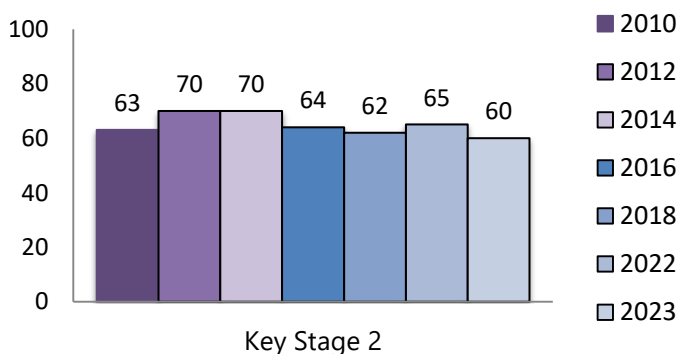


Secondary Trends – Worry about tests (N.B. question answer options changed in 2023)

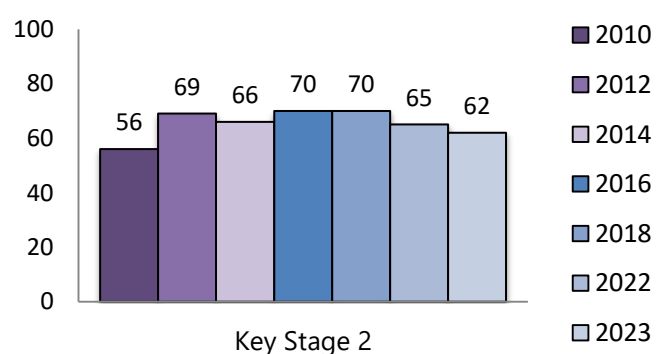


N.B the answer options for the worries question to 4 rather than 5 options so the data may not be comparable, but it is shown as the options selected are the same 'quite a lot' or 'a lot' in each survey show are shown with this caveat.

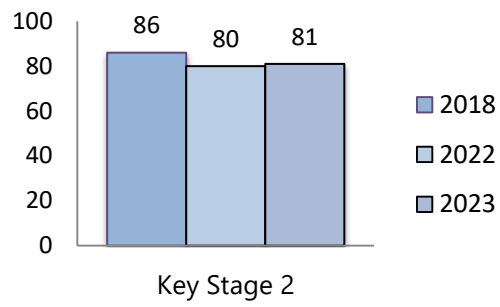
Primary Trends – school teaches them how to deal with their feelings positively



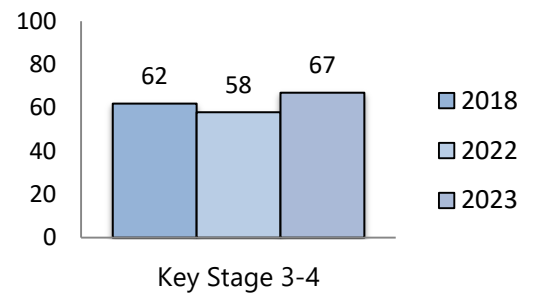
Primary Trends – school cares whether they are happy or not



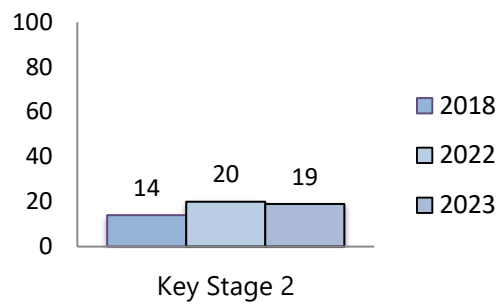
Primary Trends – Med/high/max wellbeing



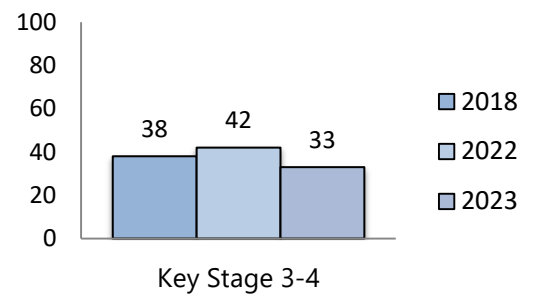
Secondary Trends – Med/high/max wellbeing



Primary Trends – Low/med-low wellbeing



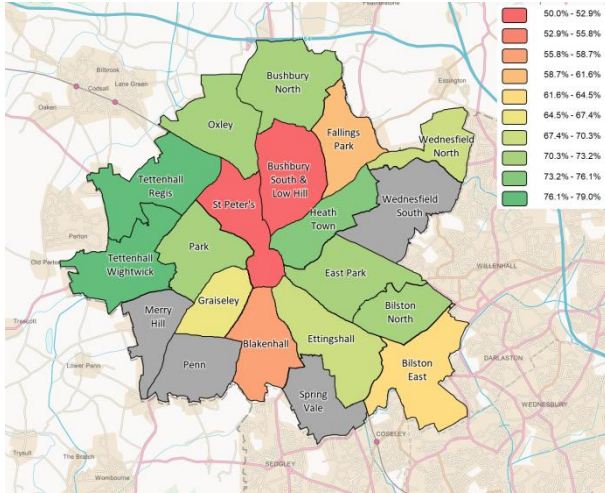
Secondary Trends – Low/med-low wellbeing



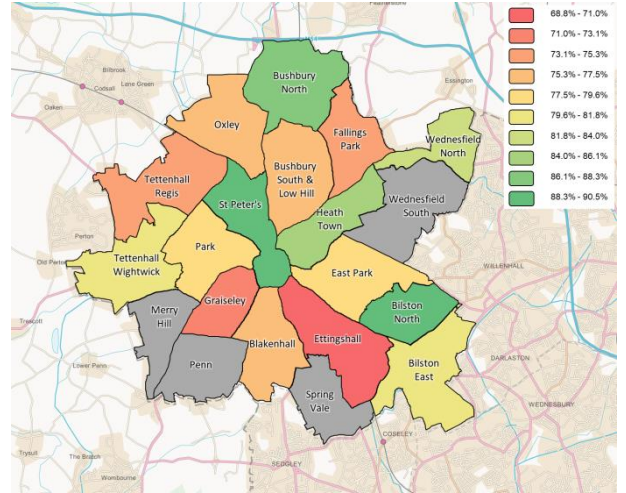
Mapping – Year 6

Where sufficient data exists for Ward level analysis colours have been RAG rated for each question. If insufficient data is available, the ward is coloured in grey. A selection is shown here where interesting statistically significant differences appeared across the wards in Wolverhampton. Further maps and analysis are available.

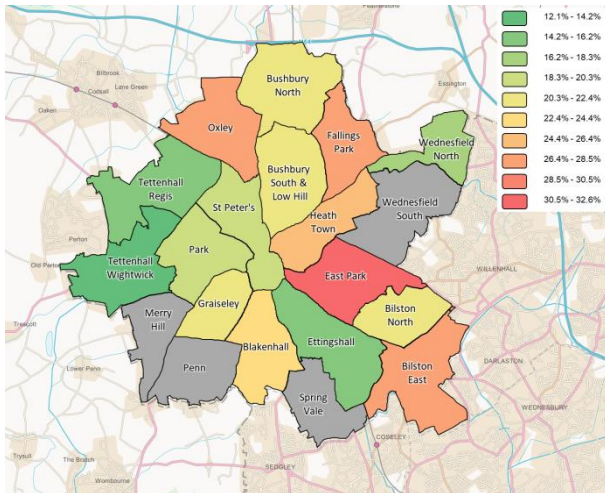
Year 6 - Rate their safety near where they live as good/excellent:



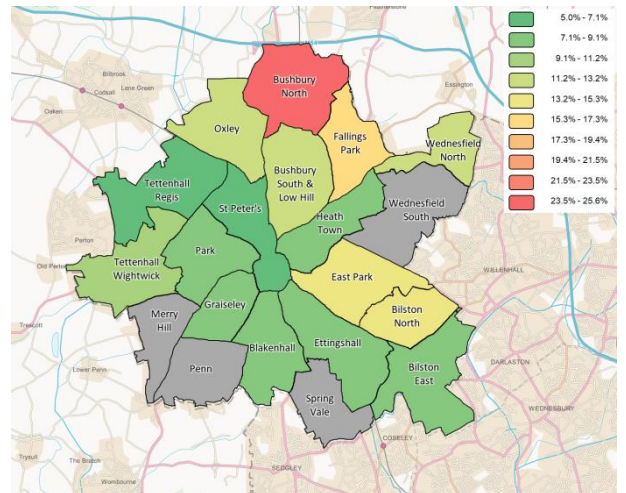
Year 6 - Agree their school helps them get ready to move to secondary:



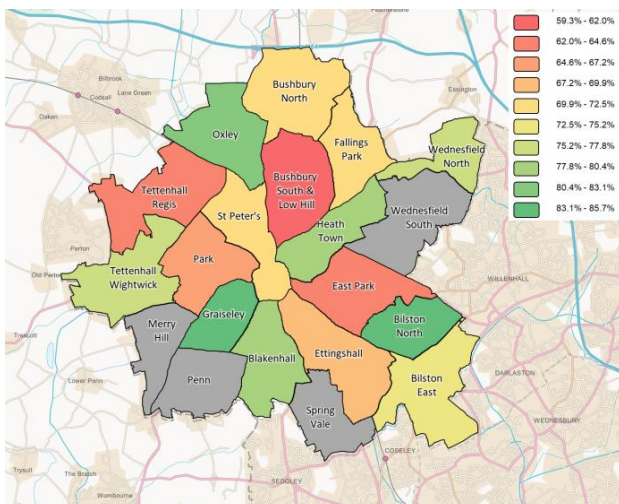
Year 6 - Have been bullied because of their size or weight:



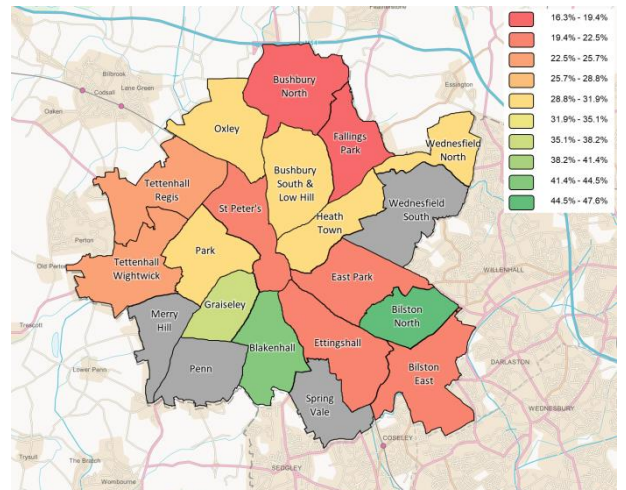
Year 6 - Scored 12 - 30 on the Stirling Children's Wellbeing Scale (indicating poor mental health):



Year 6 - Feel safe in school:



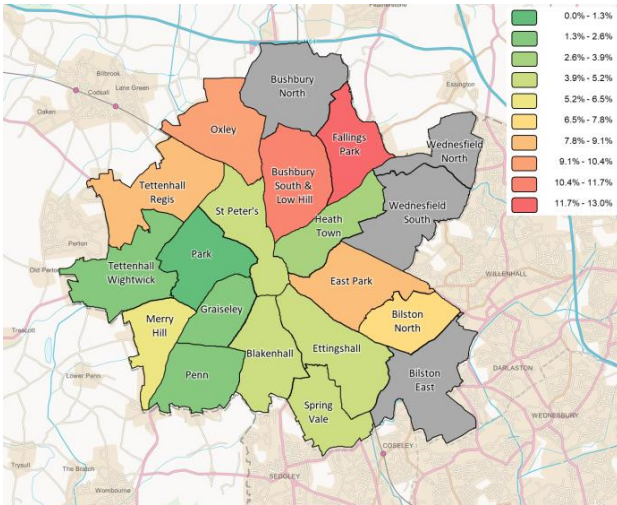
Year 6 - Would like to make changes to outdoor play equipment at school:



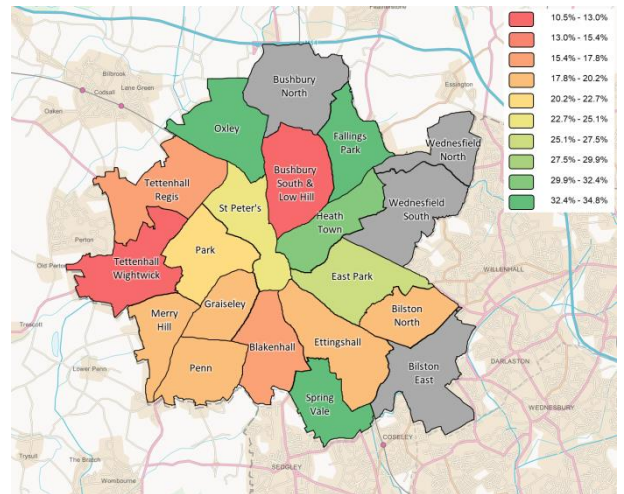
Mapping – Year 8

Where sufficient data exists for Ward level analysis colours have been RAG rated for each question. If insufficient data is available, the ward is coloured in grey.

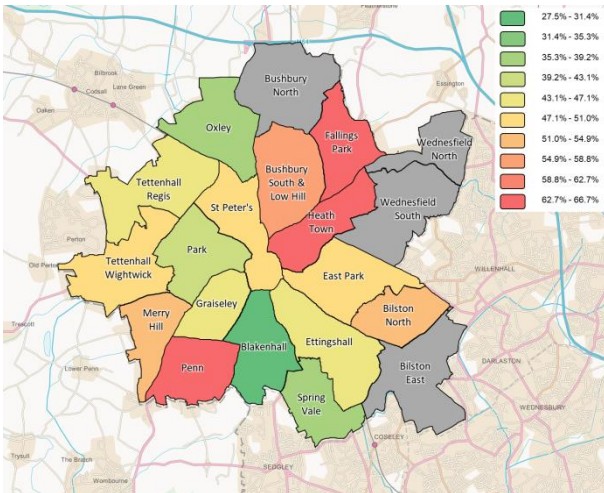
Year 8 - Low score (7 - 13) on the SWEMWB Scale:



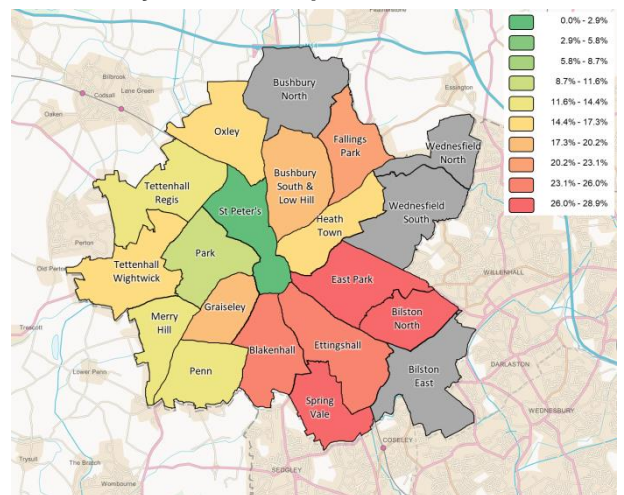
Year 8 - High or maximum score (28 - 35) on the SWEMWB Scale:



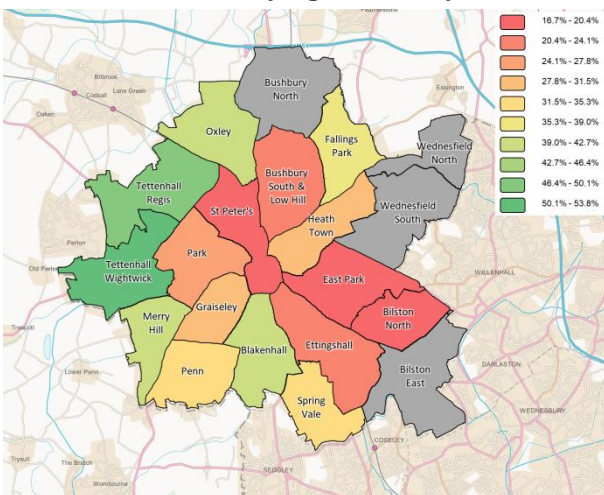
Year 8 - At least sometimes have problems sleeping:



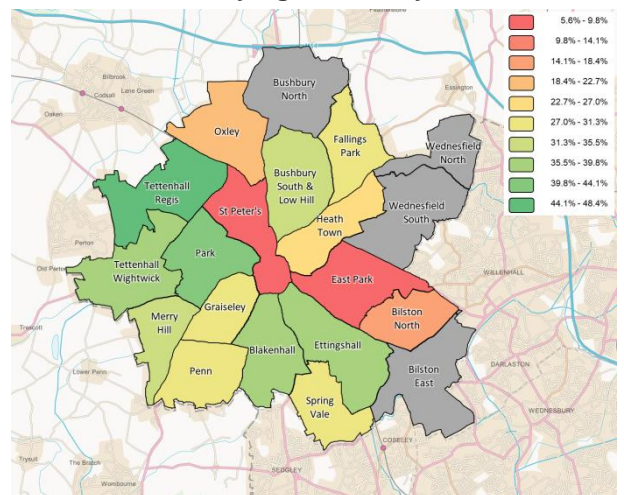
Year 8 - Past or current partner was angry or jealous when they wanted to spend time with friends:



Year 8 - Think their school challenges racism and racist bullying effectively:



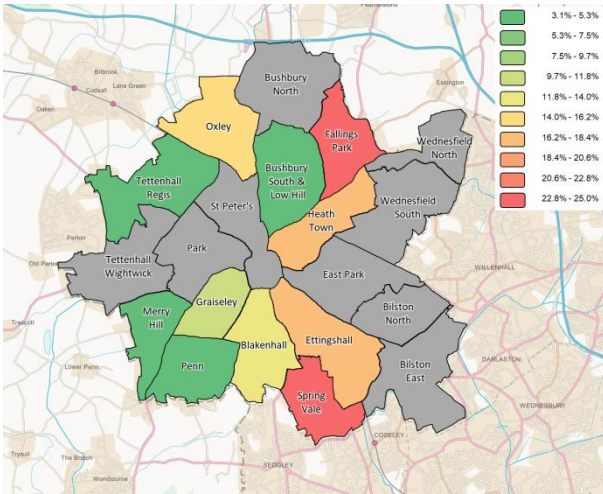
Year 8 - Think their school challenges homophobic bullying effectively:



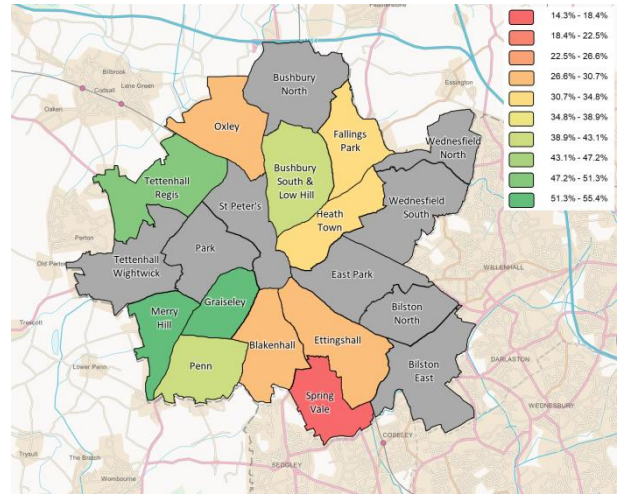
Mapping – Year 10

Where sufficient data exists for Ward level analysis colours have been RAG rated for each question. If insufficient data is available, the ward is coloured in grey.

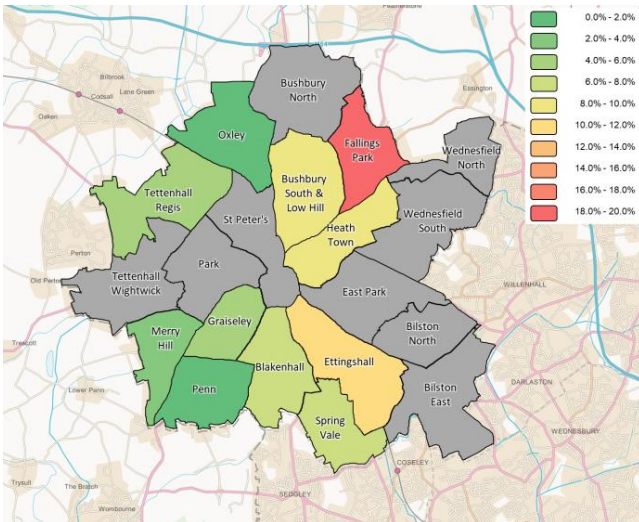
Year 10 - Unhappy with their life:



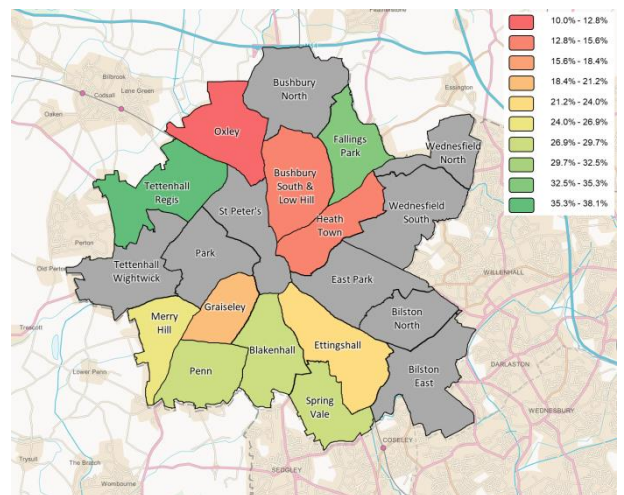
Year 10 - Lessons about inclusivity and discrimination have been at least quite useful:



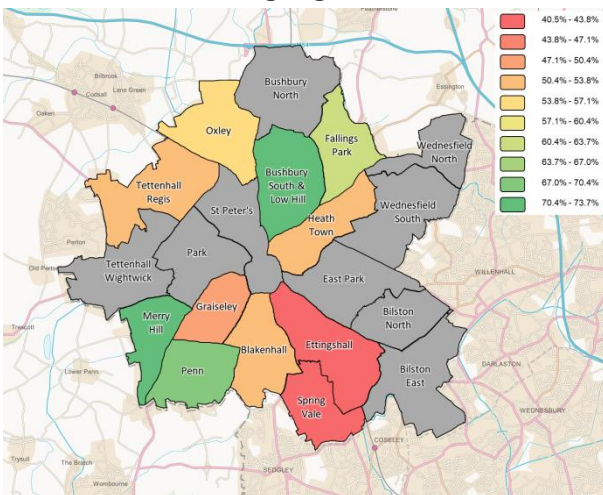
Year 10 - Low score (7 - 13) on the SWEMWB Scale:



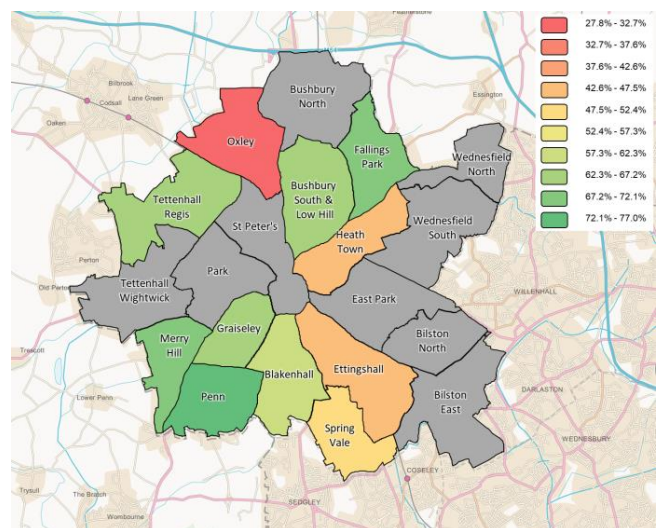
Year 10 - High or maximum score (28 - 35) on the SWEMWB Scale:



Year 10 - Agree their school encourages people from different ethnic and cultural backgrounds to get along together:



Year 10 - Feel safe in school:



Links between behaviours

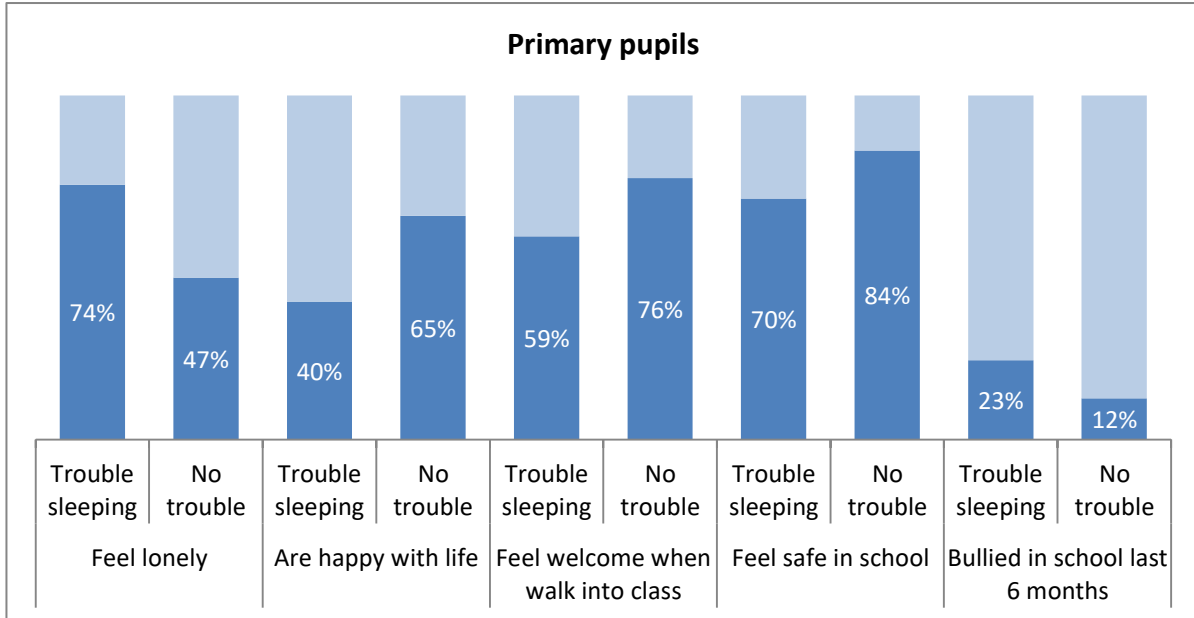
§ When compared with primary aged pupils who didn't have trouble sleeping, primary pupils who said that they **have trouble sleeping** are:

Significantly more likely to:

- Have been bullied
- Feel lonely

Significantly less likely to:

- Be happy with life
- Feel welcome when they walk into class or school
- Feel safe in school



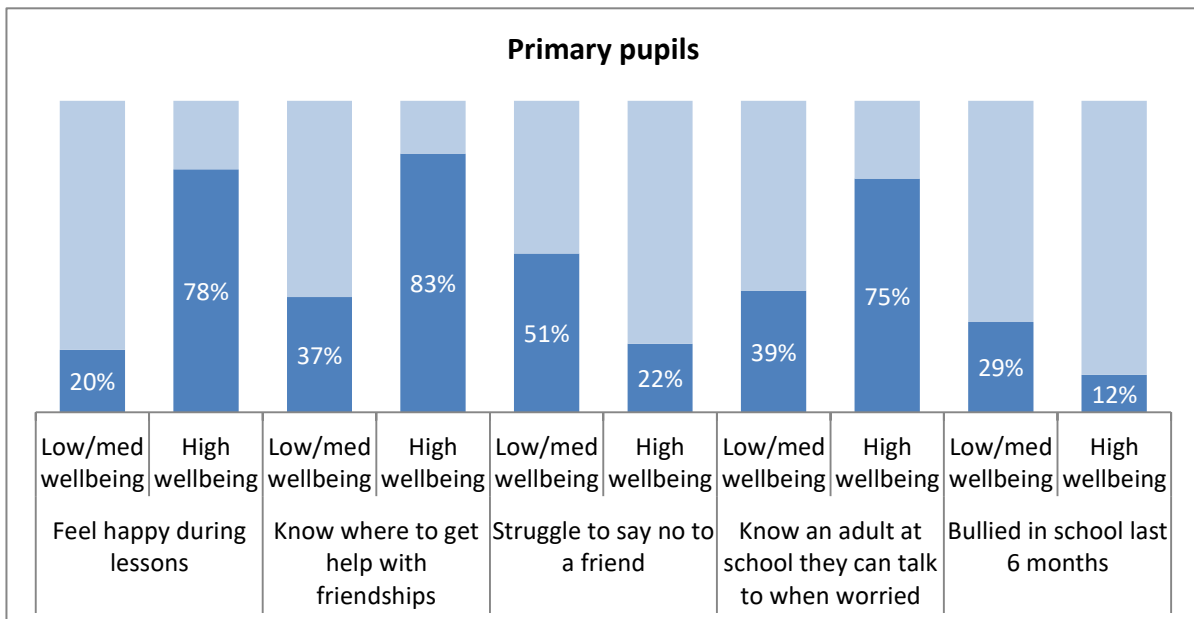
§ When compared with primary aged pupils who had a high wellbeing score on the Stirling Children's Wellbeing Scale, primary pupils who **had a low-med score** are:

Significantly more likely to:

- Have been bullied
- Struggle to say no to a friend who is asking them to do something they don't want to do

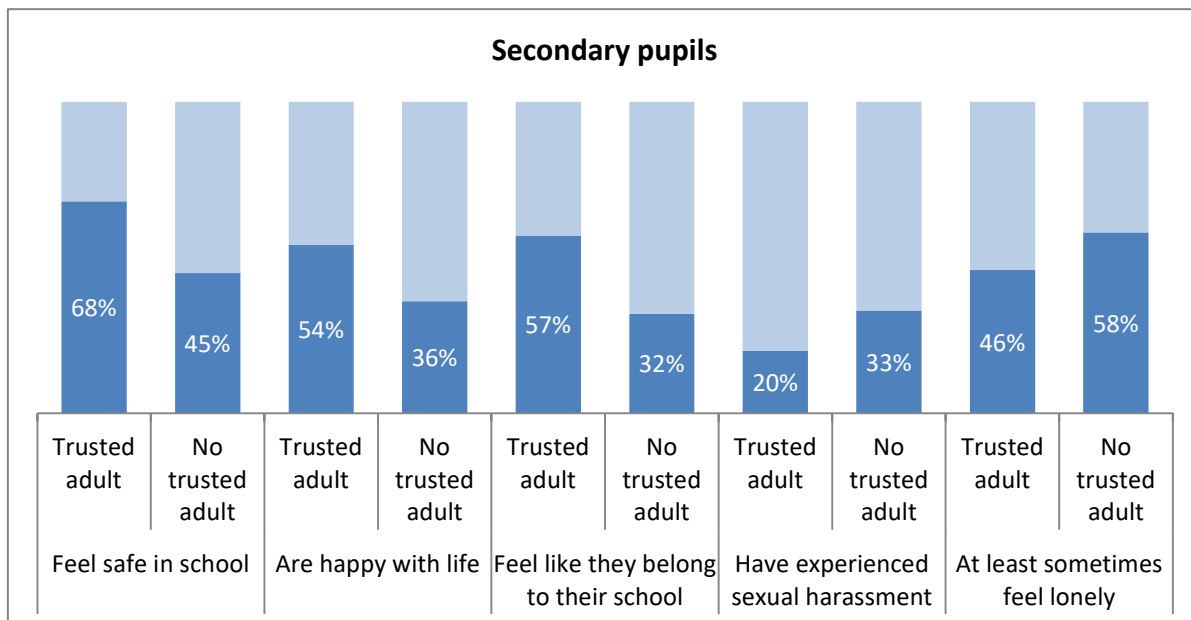
Significantly less likely to:

- Feel happy during lessons
- Know where to get help for problems with friends
- Know an adult at school they can talk to when they are worried



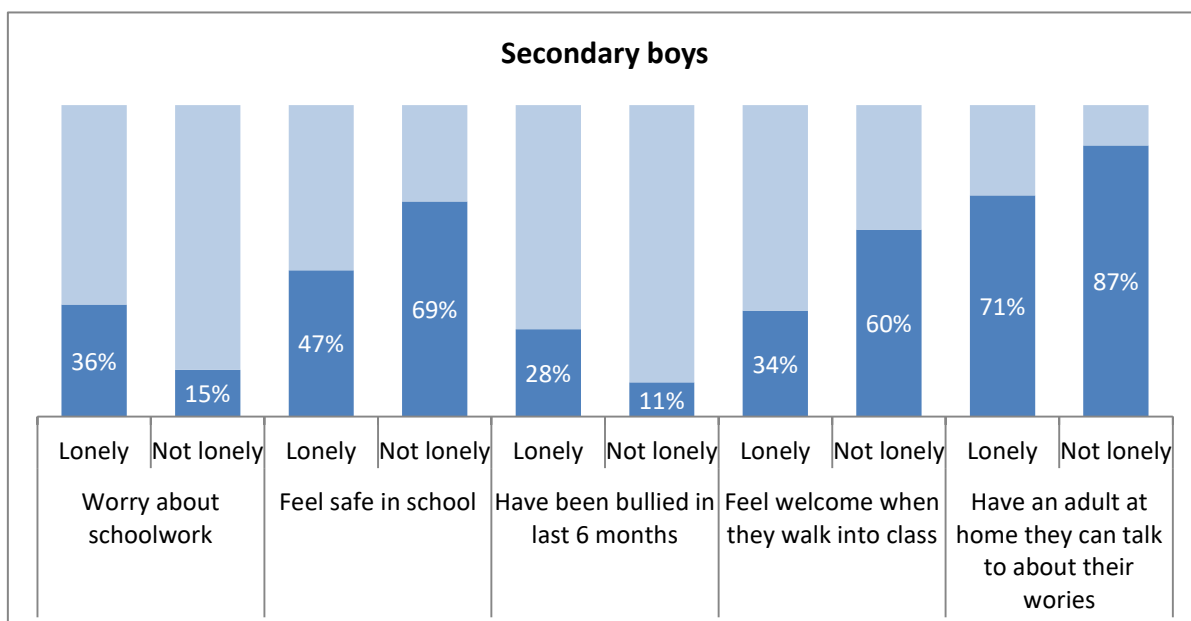
§ When compared with secondary pupils who said they had a trusted adult at school they could talk to if they had a problem, secondary pupils who **don't have a trusted adult at school they can talk to** are:
 Significantly more likely to: Significantly less likely to:

- Have experienced sexual harassment
 - At least sometimes feel lonely
- Feel safe in school
 - Feel like they belong to their school
 - Say they are happy with life



§ When compared with secondary boys who didn't say they were lonely, secondary boys who **said they were lonely** are:
 Significantly more likely to: Significantly less likely to:

- Worry about schoolwork
 - Have been bullied in the last 6 months
- Feel safe in school
 - Feel welcome when they walk into class
 - Have an adult at home they can talk to if they are worried about something



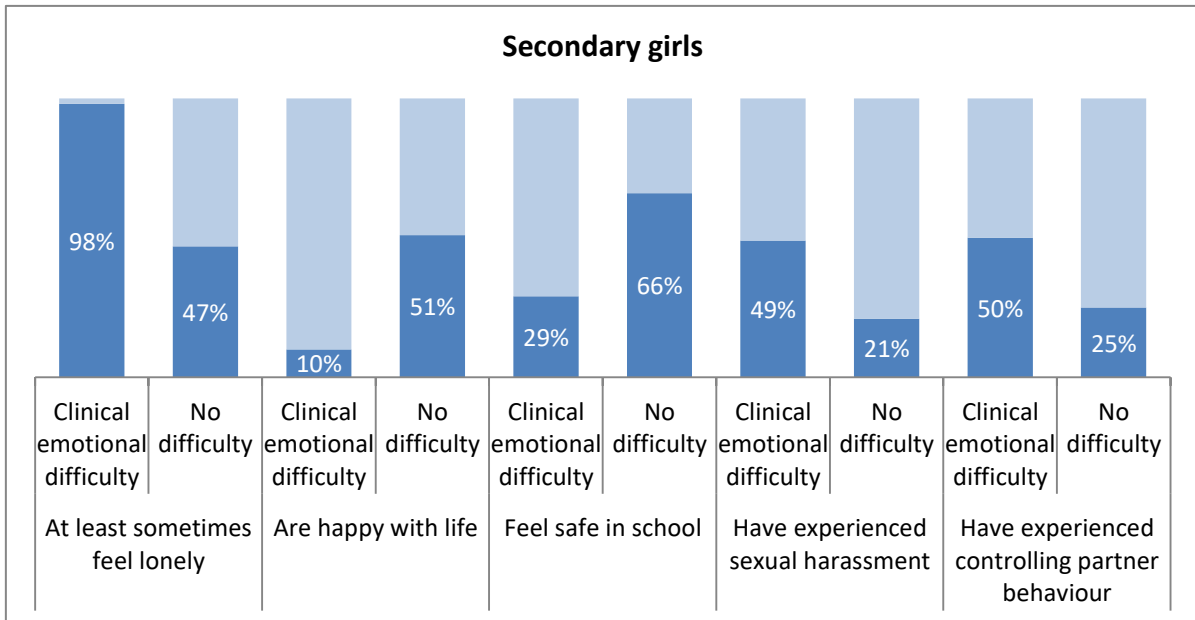
§ When compared with secondary girls who don't have clinical emotional difficulties, secondary girls who **have emotional difficulties** are:

Significantly more likely to:

- At least sometimes feel lonely
- Have experienced sexual harassment
- Have experienced controlling partner behaviour

Significantly less likely to:

- Say they are happy with life
- Feel safe in school



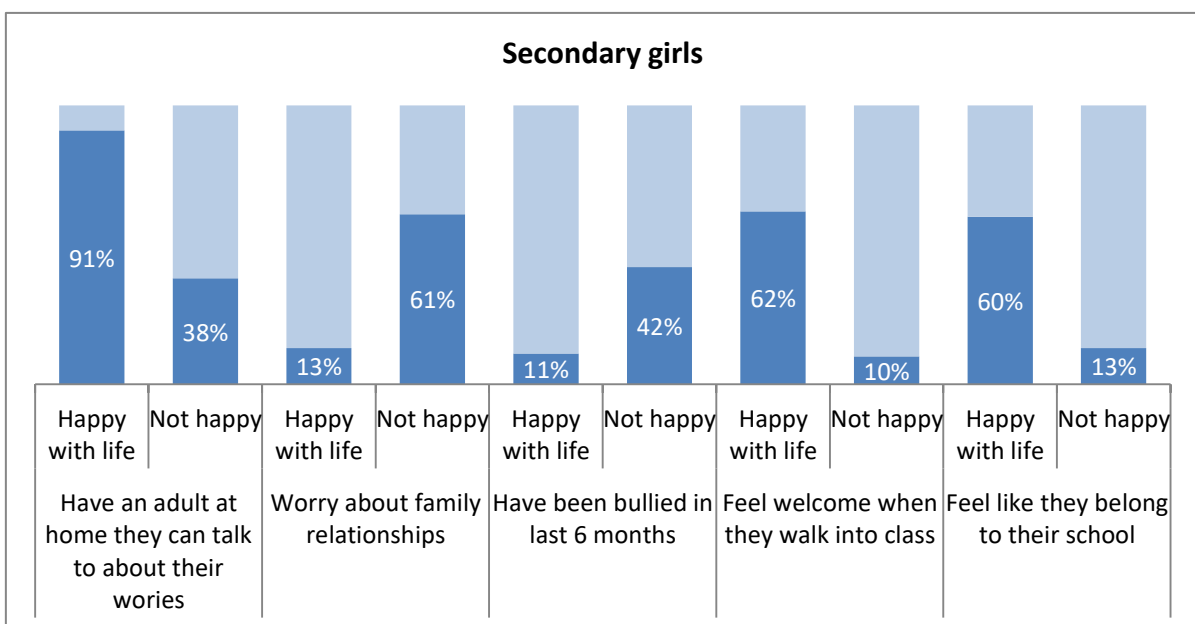
§ When compared with secondary girls who didn't say they were happy with life, secondary girls who **said they were happy with life** are:

Significantly more likely to:

- Have an adult at home they can talk to if they are worried about something
- Feel welcome when they walk into class
- Feel like they belong to their school

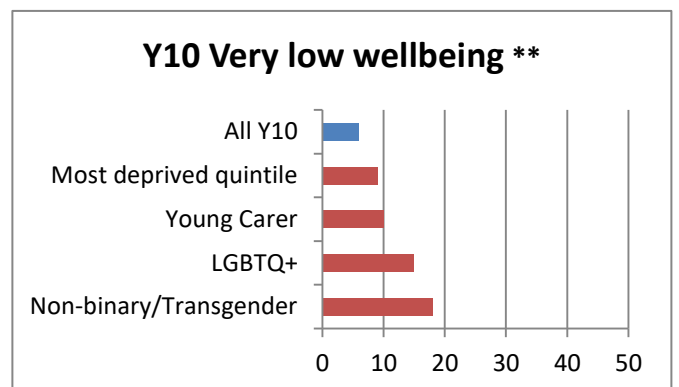
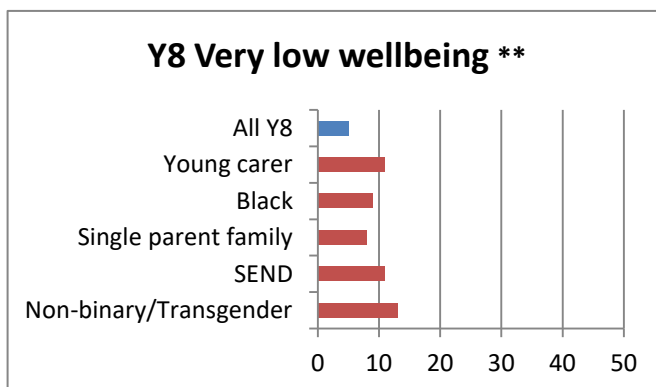
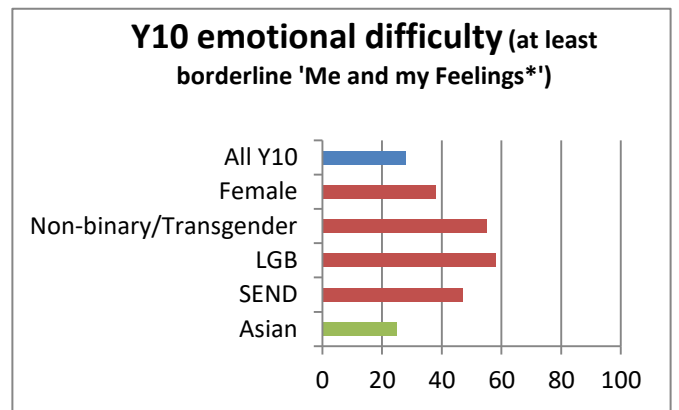
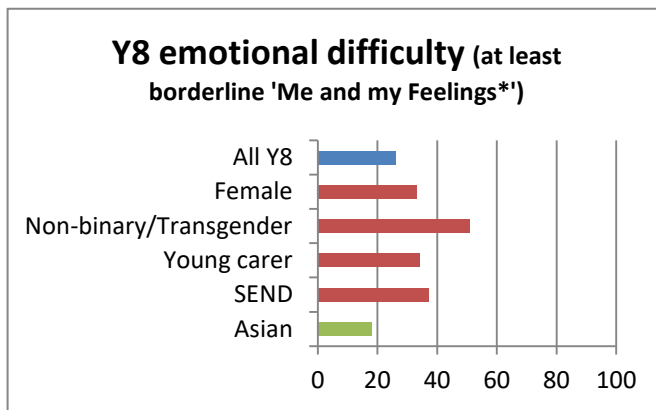
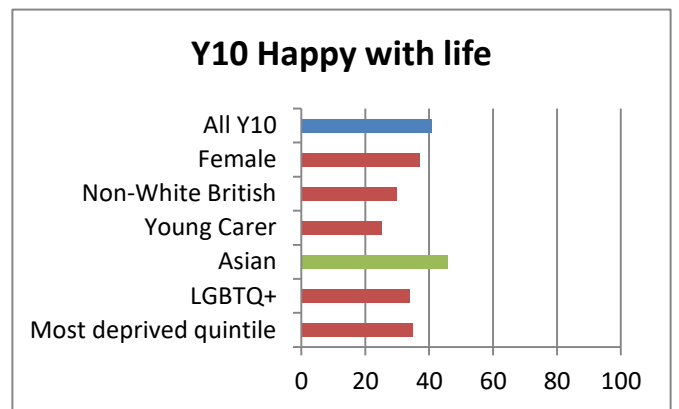
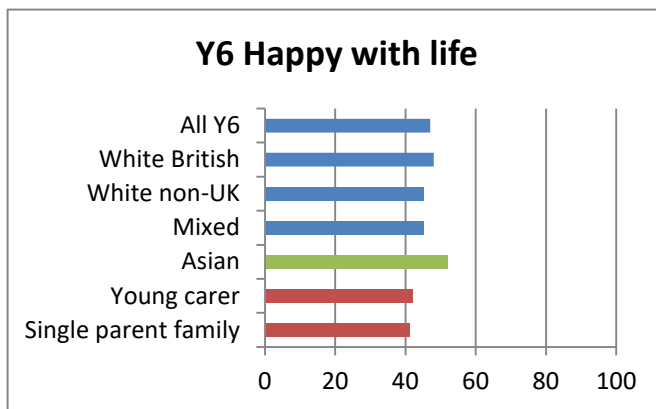
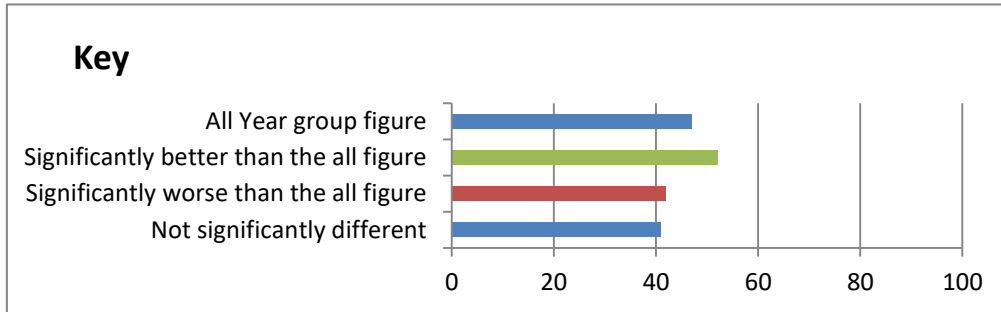
Significantly less likely to:

- Worry about family relationships
- Have been bullied in the last 6 months



Inequalities ≠

A selection of questions for each of the primary and secondary questionnaires has been selected to look for differences across potentially vulnerable groups. A selection of statistically significant findings are presented here but a wider selection of topics and data are also available – see detail below in the following pages.



* Me and My Feelings questionnaire © Deighton, Tymms, Vostanis, Belsky, Fonagy, Brown, Martin, Patalay, & Wolpert (2012)

** Short Warwick Edinburgh Mental Well-being Scale (SWEMWBS)

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Inequalities further detail

The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable.

The table shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown.

No correction has been attempted for multiple comparisons, so we could expect 1 in 20 cells to show an apparently significant difference by chance alone.

Significance is affected by the size of the sample, so the same % finding may be significant for one group but not another.

Significant differences are shown in green if desirable, orange if undesirable, blue if it could be either

99 99 $p < 0.05$ Green=Higher on a positive criterion or lower on a negative one

99 99 $p < 0.01$ Orange=Lower on a positive criterion or higher on a negative one

YEAR 4	All	Girls	Single-parent family	Young carer	Most deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian	Had help completing the survey
Sample	1,203	556	204	253	263	475	44	118	153	215	60	59
Happy with their life	51	53	45	48	51	54	57	51	40	52	53	61
Have been in a good mood at least quite a lot of the time over the past couple of weeks	53	55	49	46	49	56	43	53	47	52	64	51
At least sometimes feel lonely	62	69	68	69	64	61	75	63	64	61	59	77
At least sometimes feel like nobody likes them	40	41	48	46	41	35	48	47	42	42	33	46
At least sometimes worry a lot	73	78	76	75	77	76	70	69	81	69	64	75
At least sometimes get very angry	72	68	77	76	73	71	77	75	79	70	55	79
At least sometimes lose their temper	66	59	70	63	63	67	70	71	71	57	57	66
At least sometimes do things to hurt other people	27	18	34	28	30	27	27	27	32	25	24	41
At least sometimes break things on purpose	17	13	18	21	20	15	23	18	17	20	21	18
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	15	18	20	17	19	15	19	13	17	14	9	15
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	14	9	18	17	16	14	7	12	15	13	18	20
Worry at least quite a lot about growing up and body changes (puberty)	32	36	37	39	39	31	35	26	36	30	33	36
Worry at least quite a lot about more than 5 listed items	28	27	31	36	36	26	30	24	28	30	32	31
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	90	89	92	91	88	90	89	89	89	89	95	89
Rate their safety at home as good/excellent	90	91	86	86	88	91	86	89	85	89	93	91
Rate their safety near where they live as not very good	11	9	15	13	9	10	18	9	12	7	11	18
Can usually or always say no when a friend wants them to do something they don't want to do	37	36	42	31	37	38	35	45	47	29	35	35
Ever bullied online	23	21	25	28	23	21	39	22	25	17	22	31
Bullied in school in the last 6 months	20	19	20	23	23	18	34	28	19	19	20	26
School deals with bullying not very well	11	9	16	11	11	10	9	15	15	8	4	11
Have been bullied because of the way they look	15	16	19	16	16	11	34	17	17	13	20	12
Have been bullied because of their colour, race or nationality	8	6	12	8	12	2	5	17	16	9	10	6

YEAR 6

	All	Girls	SPF	Young carer	Most deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian	Had help completing the survey
Sample	1,390	681	276	223	403	512	92	168	206	267	34	28
Happy with their life	47	47	41	42	46	48	45	45	46	52	53	63
Have been thinking good things will happen in their life at least quite a lot of the time over the past couple of weeks	44	44	40	39	45	41	43	45	53	46	44	39
High or maximum score (48 - 60) on the Stirling Children's Wellbeing Scale	26	25	24	23	28	24	20	28	30	30	34	32
Scored 12 - 30 on the Stirling Children's Wellbeing Scale (indicating poor mental health)	11	13	13	13	11	11	9	11	9	8	16	12
At least sometimes feel lonely	64	68	66	67	66	69	66	61	60	58	68	75
At least sometimes feel like nobody likes them	47	50	49	55	49	48	51	46	49	41	41	57
At least sometimes worry a lot	75	82	78	76	73	80	71	75	71	71	68	75
At least sometimes get very angry	73	69	75	78	74	73	75	75	69	70	76	57
At least sometimes lose their temper	70	66	71	76	69	74	76	72	66	63	65	54
At least sometimes do things to hurt other people	29	22	30	29	32	28	35	34	28	22	24	11
At least sometimes break things on purpose	19	16	25	19	22	16	23	24	23	17	15	21
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	17	20	21	22	21	18	14	20	18	10	12	31
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	15	13	18	15	17	14	19	22	15	11	12	16
Worry at least quite a lot about growing up and body changes (puberty)	22	28	26	27	23	21	24	24	19	21	24	19
Worry at least quite a lot about more than 5 listed items	19	22	20	25	19	19	18	24	20	16	18	22
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	89	89	87	90	89	91	98	85	84	91	74	78
Rate their safety at home as good/excellent	91	92	91	88	90	93	92	89	89	92	91	89
Rate their safety near where they live as good/excellent	69	69	70	63	65	68	68	69	69	72	59	56
Can usually or always say no when a friend wants them to do something they don't want to do	47	43	50	39	52	44	48	50	49	48	44	23
Ever bullied online	22	22	32	31	22	22	19	30	21	16	18	33
Bullied in school in the last 6 months	17	17	16	21	16	18	15	17	16	14	9	15
School deals with bullying not very well	19	17	24	22	17	15	24	22	24	18	26	11
Have been bullied because of the way they look	25	30	26	29	28	22	29	35	28	19	22	26
Have been bullied because of their colour, race or nationality	11	11	18	13	12	3	8	19	27	12	6	0

Significant differences are shown in green if desirable, orange if undesirable, blue if it could be either

99	99
99	99

$p < 0.05$

Green=Higher on a positive criterion or lower on a negative one

$p < 0.01$

Orange=Lower on a positive criterion or higher on a negative one

YEAR 8	All	Female	Non-binary or transgender	SEND	Single-parent family	Young carer	Most deprived quintile	Least deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian
Sample	1,615	780	75	143	267	155	314	66	529	81	181	198	491	28
Happy with their life	46	40	29	35	37	42	45	44	47	47	45	39	49	64
Worry at least quite a lot about more than 5 listed items	9	9	25	19	13	14	12	6	9	17	10	10	6	7
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	88	87	77	84	86	87	86	89	90	88	86	84	88	93
Have accessed support online when they've had a health or wellbeing concern	11	13	23	17	14	16	13	9	10	14	14	15	8	7
Have felt optimistic (hopeful/positive) about the future at least often in the last 2 weeks	40	36	28	30	37	39	41	32	39	37	36	47	41	52
Have felt relaxed at least often in the last 2 weeks	43	35	35	35	40	35	39	43	41	40	44	43	45	48
High or maximum score (28 - 35) on the SWEMWB Scale	22	17	16	18	18	19	21	26	20	17	29	25	22	22
Low score (7 - 13) on the SWEMWB Scale	5	5	13	11	8	11	6	5	3	9	7	9	4	7
Agree that they find it hard to control their feelings	31	35	47	44	37	42	35	29	34	35	34	34	25	7
Had a high score (5.5-7) on the TEIQue-ASF Self-control Subscale	13	10	3	6	10	9	14	9	13	10	10	9	16	27
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	15	19	38	23	19	22	18	18	17	24	15	19	10	0
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	15	17	33	24	20	27	19	13	16	17	22	16	9	12
Past or current partner did any of the controlling behaviours listed	30	28	44	42	38	43	33	23	36	39	36	34	19	12
Violence between adults at home in the last month that frightened the pupil	7	7	15	9	9	14	8	6	4	9	7	12	8	4
Ever bullied online	17	18	23	27	25	21	19	9	17	32	22	17	12	12
Bullied in school in the last 6 months	20	18	21	39	24	31	23	12	19	30	19	18	18	16
Bullied outside school in the last 6 months	7	5	20	16	10	11	10	3	7	15	11	8	5	8
School deals with bullying not very well	33	35	45	38	34	40	36	25	26	53	37	38	34	36
Has experienced any of the listed types of sexual harassment in the last 6 months	20	23	37	26	29	26	25	8	19	32	24	29	13	21
Lessons about supporting your mental health and wellbeing have been at least quite useful	38	39	24	39	30	31	38	56	40	38	30	31	42	42
Believe their school has mental health ambassadors/peer support available	59	66	62	54	51	56	58	56	63	59	51	52	62	54
Feel their views and opinions are listened to in school	27	27	20	29	22	20	21	41	32	23	19	16	30	13
Feel safe in school	58	56	43	51	51	47	53	66	60	40	51	45	65	57

Significant differences are shown in green if desirable, orange if undesirable, blue if it could be either

99	99
99	99
99	99

$p < 0.05$

Green=Higher on a positive criterion or lower on a negative one

$p < 0.01$

Orange=Lower on a positive criterion or higher on a negative one

Blue = not necessarily positive or negative

YEAR 10

	All	Female	Non-binary or transgender	LGB	LGBTQ+	SEND	SPF	Young carer	Most deprived quintile	Least deprived quintile	White British	White non-British	Mixed	Black	Asian	Middle East/West Asian
Sample	1,034	509	66	100	169	94	201	84	268	24	321	66	121	123	335	27
Happy with their life	41	37	32	37	34	46	36	25	35	33	42	30	41	35	46	37
Worry at least quite a lot about more than 5 listed items	11	13	29	33	30	19	13	30	9	25	14	8	11	7	10	22
If they were worried they have someone (at home/school/elsewhere) that they trust to talk with about it	84	84	73	83	79	85	81	83	83	88	88	86	83	75	86	70
Have accessed support online when they've had a health or wellbeing concern	12	13	30	31	26	18	13	23	13	8	14	18	15	10	10	4
Have felt optimistic (hopeful/positive) about the future at least often in the last 2 weeks	41	38	33	35	37	49	39	41	37	39	36	42	44	41	46	42
Have felt relaxed at least often in the last 2 weeks	38	27	28	18	22	36	37	32	35	13	38	42	34	36	40	38
High or maximum score (28 - 35) on the SWEMWB Scale	22	15	16	9	12	19	22	15	22	9	18	19	23	21	26	32
Low score (7 - 13) on the SWEMWB Scale	6	6	18	15	15	9	6	10	9	9	5	9	9	7	5	8
Agree that they find it hard to control their feelings	31	39	47	44	44	46	32	44	35	35	34	42	34	27	26	40
Had a high score (5.5-7) on the TEIQue-ASF Self-control Subscale	15	9	9	8	9	8	13	8	15	4	11	11	13	14	21	20
Scored 12+ on the 'Me & My Feelings' emotional difficulties subscale (clinically significant difficulties)	14	19	39	38	36	29	15	26	17	17	16	14	16	9	13	12
Scored 7+ on the 'Me & My Feelings' behavioural difficulties subscale (clinically significant difficulties)	14	14	25	29	26	21	19	25	17	17	14	17	17	13	11	12
Past or current partner did any of the controlling behaviours listed	35	37	48	51	48	56	34	45	37	35	43	48	38	33	23	24
Violence between adults at home in the last month that frightened the pupil	5	6	17	13	13	11	4	8	6	8	5	5	4	4	6	16
Ever bullied online	16	19	27	35	29	31	20	25	15	29	19	25	18	13	10	24
Bullied in school in the last 6 months	13	14	23	21	21	19	14	20	16	13	13	27	12	8	11	12
Bullied outside school in the last 6 months	6	6	16	12	10	15	9	16	6	4	7	6	8	5	5	4
School deals with bullying not very well	42	47	47	47	48	44	41	55	40	33	42	37	47	47	40	40
Has experienced any of the listed types of sexual harassment in the last 6 months	33	38	53	60	52	39	36	49	29	63	37	46	42	30	27	29
Lessons about supporting your mental health and wellbeing have been at least quite useful	31	31	22	20	22	33	31	19	23	29	30	28	26	22	38	27
Believe their school has mental health ambassadors/peer support available	60	67	67	73	71	50	67	69	57	83	63	62	60	52	62	55
Feel their views and opinions are listened to in school	26	25	22	22	22	31	27	22	23	21	28	25	12	22	30	32
Feel safe in school	57	57	44	45	49	52	59	42	50	71	61	50	51	48	62	41

Significant differences are shown in green if desirable, orange if undesirable, blue if it could be either

99	99
99	99
99	99

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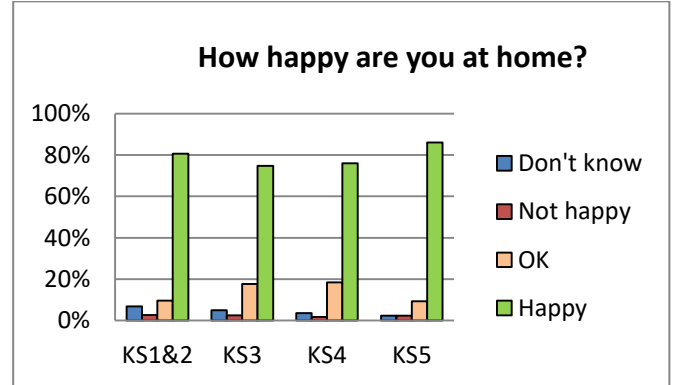
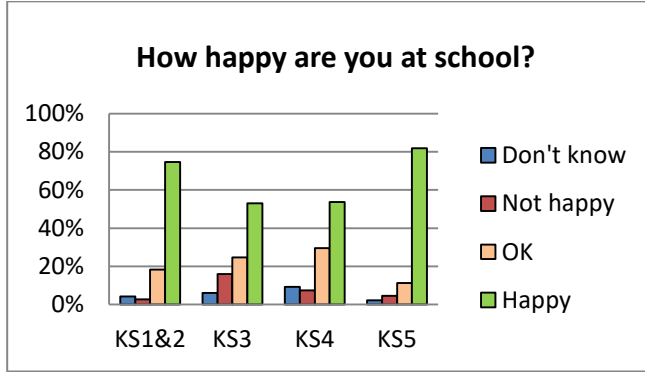
SEND survey results

Pupils in 4 special school settings completed a bespoke survey:

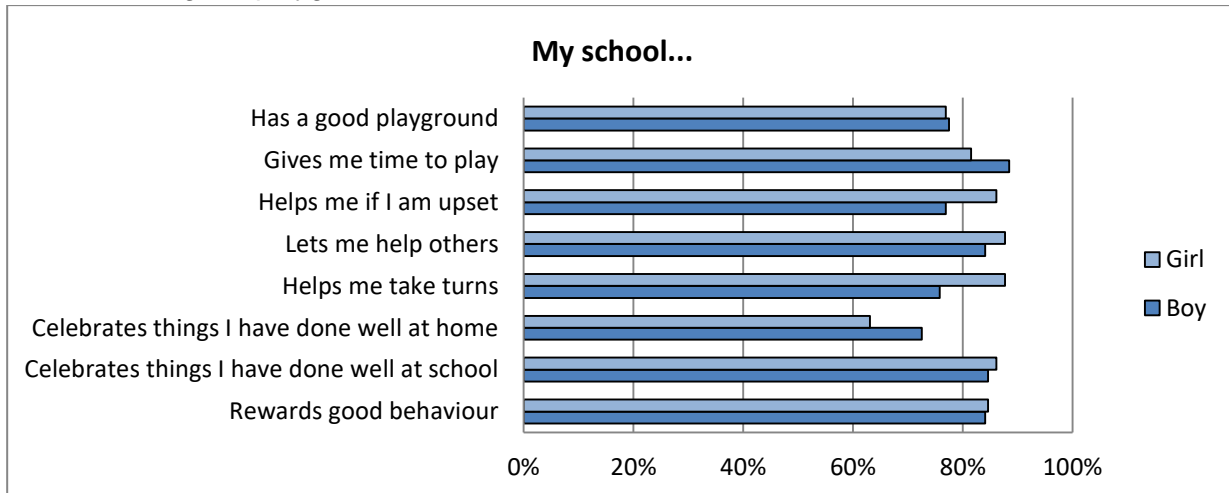
School Year	Year R	Year 1 - 3	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13/14	Total
Boys	0	11	4	19	18	13	16	29	25	14	12	24	185
Girls	1	1	3	6	9	6	7	10	9	6	4	4	67
Total	1	12	7	25	27	19	23	39	34	20	16	28	252*

*1 girl didn't tell us which Year group she was in.

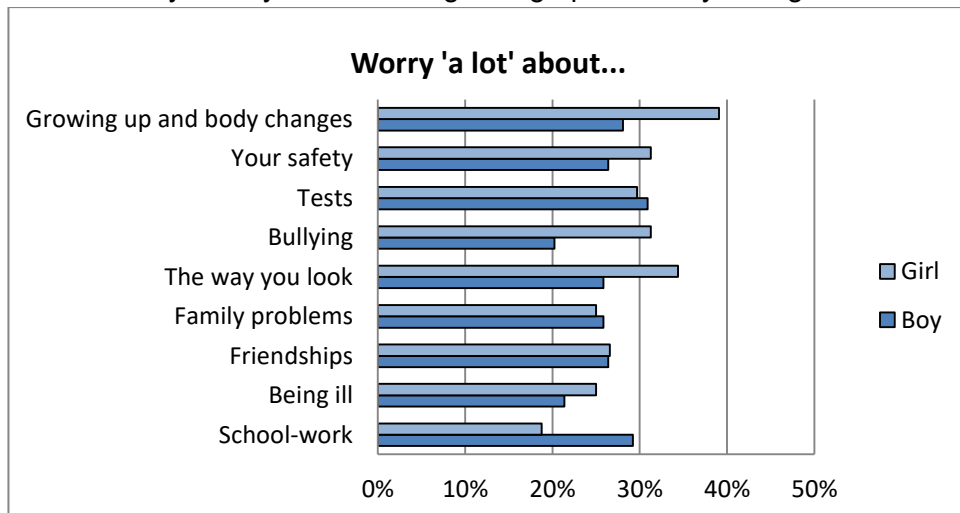
65% of pupils said that they were happy at school; 79% said they were happy at home:



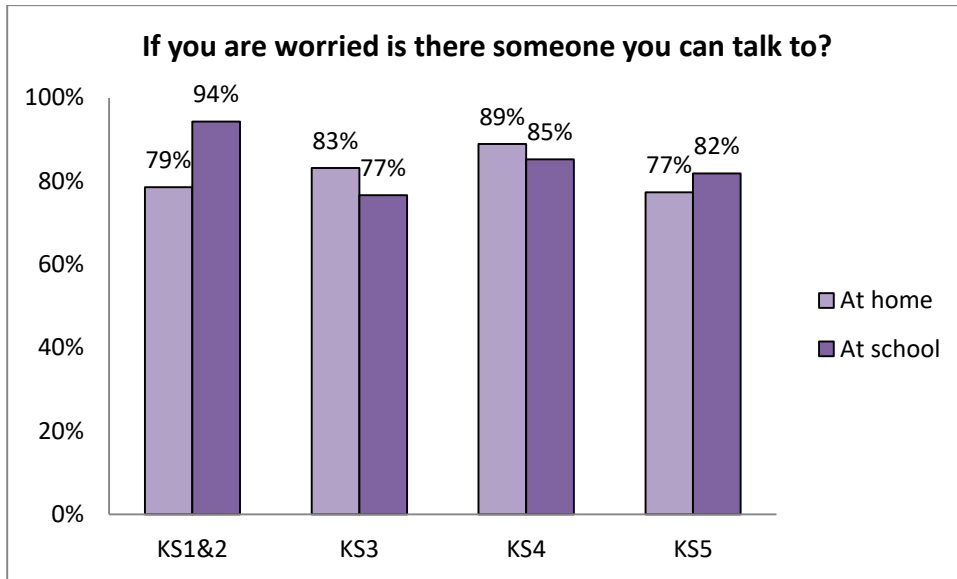
85% of pupils said their school celebrates things they have done well at school; 77% said their school had a good playground:



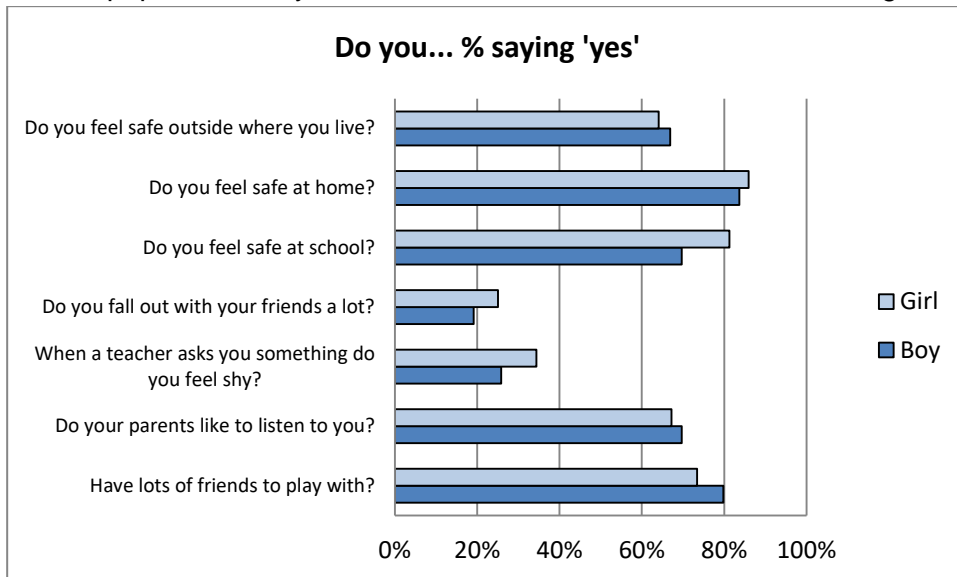
39% of girls and 28% of boys worry 'a lot' about growing up and body changes:



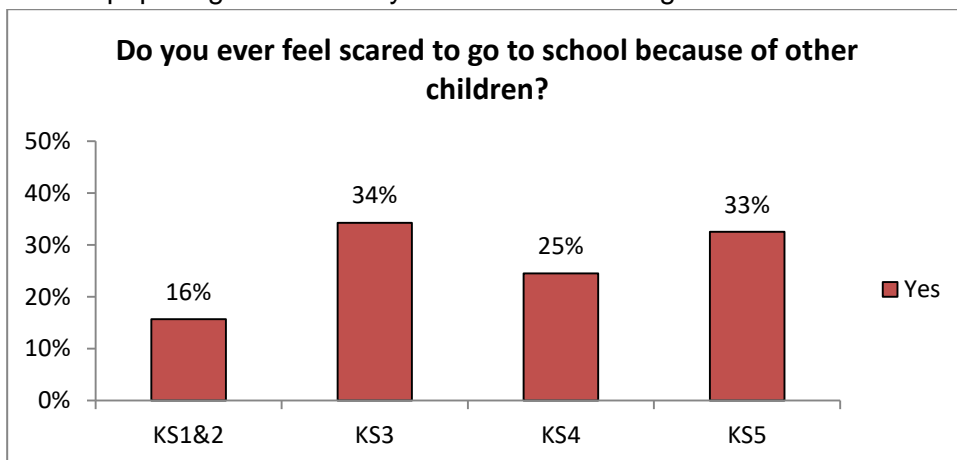
82% of pupils said if they were worried, there was someone at home that they could talk to;
 85% said this about someone at school:



73% of pupils said they felt safe at school; 66% said this about being outside where they live:



27% of pupils agreed that they have felt scared to go to school because of other children:



The Way Forward – over to you

These reports have been produced to disseminate the findings of the survey and promote further action and discussion in schools and other organisations. The results will be discussed by relevant forums and partnerships. We hope you will be able to use these results in your own thinking and discussions with young people.

Acknowledgements

The work was facilitated by the starting, developing and living well team within the Public Health department. SHEU are grateful to the children and young people, teachers and schools for their time and contributions to this survey. As a result of their work we have excellent data to be used by all organisations that support the health and wellbeing of young people in Wolverhampton.

The starting, developing and living well team would like to thank all those colleagues and partners who spent many hours supporting and developing the survey in order to make it as valuable as possible. Finally, we would like to thank all the schools, teachers, and most of all pupils who took the time to ensure that the survey continues to provide excellent data for discussion.

Primary and Infant schools:

Bantock Primary School, Bilston CE Primary School, Bushbury Hill Primary School, Castlecroft Primary School, Christ Church (CE) Infant and Nursery School, Christ Church (CE) Junior School, Claregate Primary School, Corpus Christi Catholic Primary Academy, Dovecotes Primary School, Dunstall Hill Primary School, Eastfield Primary School, Edward the Elder Primary School, Fallings Park Primary School, Graiseley Primary School, Grove Primary Academy, Holy Rosary Catholic Primary Academy, Holy Trinity Catholic Primary School, Long Knowle Primary School, Loxdale Primary School, Merridale Primary School, Oak Meadow Primary School, Parkfield Primary School, Rakegate Primary School, SS Peter and Paul Catholic Primary Academy & Nursery, St Anthony's Catholic Primary Academy, St Martin's CE Primary School, St Mary's Catholic Primary School, St Michael's CE Aided Primary School, St Stephen's CE Primary School, Trinity CE Primary Academy, Uplands Junior School, West Park Primary School, Wodensfield Primary School and Woodthorne Primary School

Secondary schools:

Aldersley High School, Colton Hills Community School, Heath Park, Highfields School, Midpoint Centre, Moseley Park, Our Lady and St Chad Catholic Academy, Pine Green Academy, The Khalsa Academy, The King's CE School, The Orchard Centre (Home and Hospital PRU), Thomas Telford University Technical College, Wolverhampton Girls' High School and Wolverhampton Grammar School

Special schools:

Penn Fields School, Penn Hall School, Pine Green Academy and Tettenhall Wood School.

For further information about the survey please contact:

City of Wolverhampton Council Public Health and Wellbeing team

Email: Howard.Jobber@wolverhampton.gov.uk

Tel: 01902 555 928